Personality Characteristics
(list of adjectives)
(from page 92 of the book)

Pick at least fifteen words that you think describe your personality. Work quickly, giving yourself about five minutes. You can add words at the bottom if you want.

practical    idealistic    stable    reliable
introspective    leader    temperamental    loner
playful    imaginative    courageous    curious
nurturing    indecisive    helpful    sensitive
friendly    consistent    responsible    calm
excitable    trusting    jealous    trustworthy
ambitious    mischievous    creative    obstinate
ergetic    enthusiastic    emotional    independent
fearful    rigid    intelligent    follower
procrastinator    organized    perceptive    worrier
conscious    sensitive    clever    quiet
talkative    kind    restrained    anxious
serious    aggressive    emotional    optimistic
impatient    articulate    intelligent    confident
dependable    fun-loving    restrained    compassionate
conservative    outgoing    patient    loyal
spontaneous    deliberate    sincere    opinionated
action-oriented    goal-oriented    decisive    expressive
listener    unreliable    analytical    genuine

_______    __________   __________   __________