

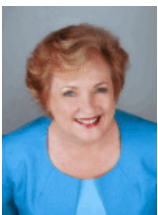


Questions

(from page 173 of the book)

Contemplate the following topics, preferably in your journal so you can refer back to your thoughts later.

- What have you accomplished since starting *Second Blooming*? What progress have you made toward your vision?
- In your opinion, what roles do passion, dreams, and purpose play in the lives of women over fifty?
- What were some of your feelings along the way (e.g., fear, surprise, excitement, intimidation, relief, joy)?
- Did you hit any roadblocks? What were they and how did you get past them?
- Which people were helpful; what did they do? Who was not helpful and in what way?
- What important lessons did you learn about yourself or life in general?
- Has your self-image changed since starting the book? If so, how?
- In what ways, large and small, does your life matter? What are you doing that's making a positive difference?



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